

Learn Now, Care Well

Motor Neurone Disease Association of NSW

Tuesday 16, Tuesday 23
and Tuesday 30 June 2020
GLADESVILLE NSW

A three day program over
three weeks for those caring
for someone with MND



Learn Now, Care Well is a supportive, educational program held at our centre in Gladesville once a week, over three weeks. It aims to increase the practical knowledge and wellbeing of those caring for someone in their life with MND. It is suitable for both new and experienced carers.

Those who have attended this course say that the practical know-how gained, increased their confidence and ability to adapt to and sustain their caring role. Some rich lasting friendships have also endured between many of those who first met in this program

Registration

There is no charge for you to attend this program and lunch and refreshments are provided.

We ask that you attend all three days. To reserve your place please kindly **RSVP by 10 June** for catering purposes. Please let us know if you have any dietary requirements.

Email reg@mndnsw.asn.au or ph. 8877 0999 or Freecall 1800 777 175

Location

Motor Neurone Disease Association Centre
Building 4, Gladesville Hospital
Victoria Road, Gladesville

Date and time

10am to 3.15pm - Tuesday 16, Tuesday 23
and Tuesday 30 June 2020

"Before attending Learn Now, Care Well I had many concerns about my ability to care for my partner. I have now increased my confidence and knowledge. I'm so glad that I didn't put off attending, as I now appreciate that it is never too early to start learning. It's so life-changing and supportive" (Partner of a person living with MND)